



St Paul's Catholic Primary School Child-Friendly Anti-Bullying Policy



This policy was put together by the members of School Council, 2018-2019:

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'We journey together: loving learning; daring to discover; caring for all; with Jesus as our guide'

What is bullying?

Bullying is when someone is hurtful towards another, on purpose, lots of times.

At St. Paul's we only have four values.

We all RISE up to reflect God's image.

We are...

RESPONSIBLE

INDEPENDENT

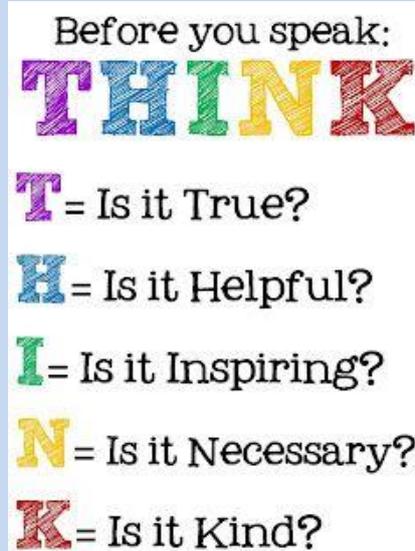
SAFE

EQUAL

Bullying is not acceptable in our school, and to be a bully, is to go against all our four values.

Bullying is different to friendship issues. Friendship issues may be when you have had a falling-out with your friends, and you feel upset or hurt. Sometimes, when you have friendship issues, you can sort these out yourself, but sometimes you might want help from an adult to help you sort out any problems. This is different to bullying, because bullying is when someone is hurtful towards you, on purpose, multiple times (Several Times On Purpose).

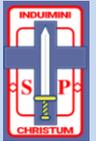
At St Paul's, we want all children to THINK:



At St Paul's, we are a community where we celebrate that everyone is different, and we work hard to live in the way Jesus taught us.



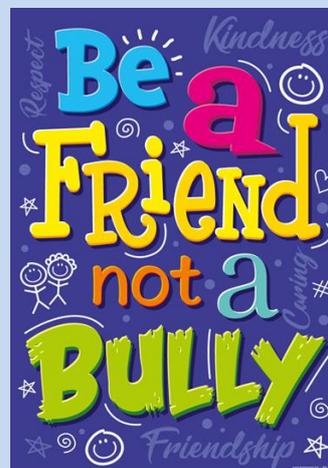
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Bullying can include:

- Name-calling
- Making up stories about other people that are not true
- Whispering about others behind their back
- Being mean using a computer, phone, tablet or gaming console (cyber-bullying)
- Ignoring people or leaving them out of the game
- Saying hurtful things
- Being mean because of someone's colour or race, or if they are a girl or boy
- Making threats, saying you will hurt or do something mean to them
- Making someone do something they do not want to, such as a dare
- Hurting people; including teasing, kicking, pinching, pushing and punching
- Laughing at a hurt or upset person
- Frightening people by being aggressive towards them
- Taking things that do not belong to you
- Forcing other children to join in bad behaviour
- Making fun of being different
- Not letting someone get help when they need it
- Other behaviour that makes someone feel unhappy at school

Don't be a bully!





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If you are being bullied, you may feel unhappy, sad, and you may get headaches or feel sick. You may not want to come to school, and your work may not be as good as normal.

Bullying is not:

Falling-out with friends if they call you names
An argument that only lasts a short time
Occasional teasing

These kinds of behaviour are not allowed, so will be dealt with at school... but it is not bullying.

What can you do if you are being bullied?

- Try to stay calm and look as confident as you can
- Be firm and clear and look the bully in the eye and tell them to stop. Say, 'I don't like that'.
- Get away from the situation as quickly as you can
- Tell an adult at school straight away – a teacher or teaching assistant, or someone who is outside at lunchtime
- Tell your parents or an adult you trust
- Keep telling the adult if it happens again

What will happen?

- A staff member will talk to you and find out what has happened
- A staff member will talk to the pupil who is bullying you
- The teacher will tell your parents on the day if it happens and also talk to the other child's parents

Teachers and adults promise that they will:

- Not ignore bullying
- Listen to all sides of a story and be fair
- Keep a note of any problems that happen
- Check that the bullying has stopped fully

Your parents

Your parents are important in helping with bullying at school. We will ask your parents to let us know if they think you are being bullied and to talk to you lots about how things are going at school.

Remember: telling an adult is the right thing to do.

